

1 Soil Water Carrying Capacity for Vegetation in Water Limited Regions
2 Zhong-sheng Guo
3
4 Key Laboratory of Soil Erosion and Dry Land Farming on Loess Plateau, Institute of Soil and
5 Water Conservation, Northwestern Agriculture and Forestry University, Chinese Academy of
6 Science, Ministry of Water Resources.
7 26, Xinong Road,
8 Yangling,
9 Shaanxi Province 712100,
10 P. R. China
11 Tel. ++86-29-87012412
12 Fax. ++86-29-8701-2210
13 *Correspondence author's email address: zhongshenguo@sohu.com
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1 Abstract

2 It is necessary to regulate the relationship between plant growth and soil water (RBPGSW) at
3 the appropriate time by reducing the amount of trees or plants present to enable sustainable use
4 of soil water resources, stability of artificial vegetation ecosystems and restoration of a
5 harmonious relationship between humans and nature (i.e. ecological civilization construction)
6 in water-limited regions. However, there is a lack of a universally accepted theory to provide
7 guidance for regulating the RBPGSW in such regions. Here we show that the theory of
8 regulating the RBPGSW in water-limited regions includes the soil water resources use limit by
9 plants (SWRULP) and soil water carrying capacity for vegetation (SWCCV). The RBSWPG
10 should be regulated based on SWCCV when the soil water resources within the maximum
11 infiltration depth equal the SWRULP in forest and grass land in water-limited regions.
12 SWCCV is the population or density of indicator plants when the soil water supply is equal to
13 soil water consumption in the root zone, and changes with plant community type, location and
14 time. The degree of coverage, productivity, carbon-fixation ability and benefits of a plant
15 community when population quantity of an indicator plant equals SWCCV should be the
16 theoretical basis for controlling soil degradation, determining the limit of vegetation restoration,
17 sustainable use of soil water resources and sustainable management of forest vegetation.

18 *Keywords:* Soil desiccation; Soil degradation; Soil water resources use limit by plants; Soil
19 water carrying capacity for vegetation; sustainable use of soil water resources; Ecological
20 civilization construction

21 Introduction

22 In most parts of the world, human activities, such as overgrazing, deforestation,

1 denudation and reclamation have greatly altered the type of vegetation that dominates the
2 landscape. These have accompanied the demand for food, timber and biofuels due to local
3 population increases, which historically have frequently occurred in water-limited regions such
4 as the Loess Plateau of China. Intense and poorly managed agricultural practices have often
5 caused a decline in the density of natural plant populations¹. Consequently, the original
6 vegetation has disappeared and there has been a decrease in the level of forest cover and in the
7 ability of forests to maintain a balanced ecosystem. Such changes have led to severe soil and
8 water loss and continual degradation of the natural environment on the Loess Plateau, which
9 severely affects the health and security of forest and vegetation ecosystems and humans.

10 In order to conserve soil and water and improve the ecological environment and restore
11 harmonious human–human, human–nature and human–society relationships (i.e. ecological
12 civilization construction), since 1950, large-scale afforestation has been carried out on the
13 Loess Plateau. This has been especially supported since 1978 by implementation of projects of
14 the ‘Three-north Protection Forest’ that involves planting trees and establishing protection
15 forest in north-eastern, north-western and northern regions of China to control soil and water
16 loss, prevent wind erosion and fix sand and improve the ecological environment in which
17 people live and work. The ‘Converting Farmland to Forest’ has also been implemented since
18 2000. Consequently, forest area and coverage has dramatically increased, as has the efficiency
19 of forest and vegetation in conserving soil and water. For example, the sediment discharge on
20 the Loess Plateau was reduced from 1.6 billion tonnes per year in the 1970s to 0.3 billion
21 tonnes per year in recent years, runoff has halved and the environment has improved. The
22 efficiency of forest and vegetation accounts for more than half of the total efficiency.

1 In the process of vegetation restoration, tree species, selected for their capacity to extend
2 deep roots and for fast growth, were planted at high initial planting densities to rapidly
3 establish high degrees of ground cover and higher biomass and yields, and thereby to quickly
4 realize ecological, economic and social benefits during vegetation restoration. It is
5 advantageous that the roots of these plants grow quickly and thus they take up water from
6 considerable soil depths, such as 5.0 m for 16-year-old *Caragana* (*Caragana korshinskii* Kom.)
7 of the semiarid loess hilly region in Guyuan County, Ningxia Hui Autonomous Region of
8 China and 22.4 m for 23-year-old *C. microphylla* Lam., another related species in Suide
9 County, Shaanxi Province of China². However, soil water mainly comes from precipitation;
10 and the maximum infiltration depth (MID) and soil water supplies are limited in this region³.
11 Thus, root depth can exceed the depth of soil water recharge from rainwater, leading to severe
12 desiccation of soil in rooting soil layers^{2,4}. Consequently, the combination of increased water
13 use by plants and low water recharge rates has led to soil deterioration and receding vegetation
14 on the Loess Plateau in the perennial artificial grass and forest land⁵⁻⁷. Such soil deterioration
15 can adversely affect ecosystem function and services and the stability of manmade forest and
16 vegetation ecosystems, and consequently reduces the ecological, economic and societal
17 benefits of forest and other plant communities. In turn, this suggests that the RBPGSW in these
18 perennial artificial grass and forest lands is not balanced and should be controlled.

19 Managing an ecological system to maximize the benefits of vegetation requires
20 establishing a balance between soil water supply and soil water consumption. This is because a
21 rapid increase in density and the degree of coverage of forest and/or other plant communities
22 not only effectively reduces runoff and erosion¹⁰⁻¹⁴ but also increases soil water consumption

1 by vegetation and evapotranspiration¹⁵, which can lead to imbalance in the RBPGSW.
2 Therefore, there should be limits to vegetation restoration in a region where the natural
3 resources (including water, soil water, soil nutrients or land resources) are scarce. The limit
4 would depend on the capacity of the available natural resources in an ecosystem to support
5 vegetation, i.e., land carrying capacity for vegetation or vegetation carrying capacity⁴.

6 Water is the main factor affecting vegetation restoration in most water-limited regions.
7 The carrying capacity of land for vegetation in this region is soil water carrying capacity for
8 vegetation (SWCCV)^{4,16} – the ability of soil water resources to support vegetation. Therefore,
9 the balance between the consumption and supply of water to the soil should be considered
10 when restoring vegetation cover in order to realize the goal of soil and water conservation and
11 sustainable use of soil water resources.

12 The Loess Plateau has the most serious soil and water losses in the world. It is located in the
13 centre of China, and has an area of 642 000 km² of which 454 000 km² experiences soil and
14 water loss and has scarce water resources. Soil in this region is very deep, in the range of
15 30–80 m from the surface⁸, and the groundwater table is also deep⁹. Without irrigation, the best
16 measure to solve issues of soil degradation and vegetation decline is to regulate the RBPGSW
17 and reduce the population quantity of indicator plants in a plant community to match SWCCV
18 on the Loess Plateau, thus balancing the soil water recharge and soil water consumption in
19 plantations⁴.

20 Drought is a recurring natural phenomenon. The complex nature and widespread impact of
21 drought on forest and grass land with high coverage and production – driven by artificial
22 vegetation consuming more than a permissible quantity of soil water resources in water-limited

1 regions – means that regulating the RBPGSW is needed to maintain soil water consumption of
2 restoring vegetation at levels that sustainably use the soil water resources. However, there is a
3 lack of a universally accepted theory to provide guidance for regulating the RBPGSW in forest
4 and grass land in these regions. We aimed to develop the theory for regulating the RBPGSW in
5 forest and grass land in water-limited regions, including (1) the concepts of soil water
6 resources, (2) soil water resource use limits for plants, (3) SWCCV, (4) basic laws of SWCCV
7 and (5) the use of SWCCV in the sustainable management of forest and vegetation.

8 **Soil water resources**

9 Soil is a loose medium with many apertures and is a complex system. Soil water is the water
10 existing in the soil space, which is divided into capillary and non-capillary pores that change
11 with soil depth and a state variable controlling a wide array of ecological, hydrological,
12 geotechnical and meteorological processes by means of soil evaporation and plant transpiration.
13 Soil water forms include crystalline water, solid water, vaporous water, tight or loose bound
14 water, free water, gravitational water and anastatic water. Soil water cannot be transferred by
15 humans from one place to another but can be used by plants. Soil can hold much water and this
16 is sometimes termed a soil reservoir. The amount of water held in the soil is the soil water
17 resource. Soil water resources come from the concept of soil moisture storage proposed by M. I.
18 Lvovich¹⁷ and are water stored in the soil. Although there is no universally accepted definition,
19 soil water resources can be defined to meet the needs of different disciplines such as forestry,
20 agriculture, pedology and hydrology. For pedology and hydrology, it is the water stored in the
21 soil from surface soil to the groundwater table. For agriculture, forestry and ranching, it is the
22 antecedent soil storage in the root zone plus the soil water supply from precipitation in the

1 growing season for deciduous plants or a year for evergreen plants – because soil water from
2 precipitation in the growing season can be taken up immediately by living plants and influence
3 their growth. Soil water resources are the most important component of water resources and
4 renewable water resources, and can be divided into two parts: plant-unavailable and
5 plant-available. Some soil water resources are plant-available water, which can be used by
6 plants but the remainder is plant-unavailable water because soil is a heterogeneous and porous
7 system and composed of solid, liquid and gas phases. Solid soil comprises different sizes of
8 soil particles including mineral particles, organic granules and organic mineral composite
9 particles. When water infiltrates into soil space, water molecule layers are distributed on the
10 surface of soil particles or held in the soil space. Soil water potential increases with increasing
11 water molecule layers and the outside water molecules have higher water potential than the
12 inside water molecule layer. Plant evapotranspiration including plant transpiration and film
13 water evaporation on the surfaces of leaves, branches and stems when raining and after a rain
14 event is a hydrological effect that induces soil suction. With water absorption by roots and
15 evapotranspiration, soil water content and soil water potential are reduced but soil water
16 suction is increased. When soil water content in every soil layer is reduced to the wilting
17 coefficient, the suction of soil particles to water exceeds that of plants to soil water and the
18 water stored in all soil layers cannot be further taken up by plants (i.e. it is plant-unavailable).
19 When soil water content in every soil layer is higher than wilting coefficient, the suction of soil
20 particle to water is lower than that of plants to soil water and so this part of soil water resources
21 is plant-available.

1 Soil drying often happens because the weather changes dramatically and precipitation is scarce
2 in water-limited regions. A tree or plant is a complex organism with a series of regulatory
3 mechanisms to keep vital systems operating within appropriate restrictions, and with
4 mechanisms to repair damage that may occur when these limits are exceeded. A tree or plant
5 transports water from the soil to the atmosphere along a water potential gradient; its survival
6 depends on maintenance of this transport system, which is important for maintaining hydration
7 and efficient exchange of water for the carbon dioxide required for photosynthesis in a
8 dynamic and often water-limited environment¹⁴. Plants also have some self-regulation function
9 in the opening degree of stomata in leaves and the number of leaves retained during water
10 stress; however, this self-adjustment is limited and cannot meet the need of regulating
11 RBPGSW in the process of plant growth in some extreme conditions, such as severe drought
12 and hot days on the Loess Plateau. While a plant grows, individual size expands and roots
13 deepen but soil water resources in artificial forest and grass land often decline in water-limited
14 regions, even if there are some increases after rain events, and then root water uptake declines.
15 Water stress begins when transpiration demand exceeds root water uptake, resulting in a loss of
16 turgor. Subsequent short- and long-term responses include declines in cell enlargement and leaf
17 expansion rate, reduced photosynthesis and transpiration, and alterations in phenology,
18 senescence, carbon allocation and ultimately reduced yield and water use efficiency. When soil
19 water resources reduce to the degree that results in severe soil drought, and finally leads to soil
20 degradation, plant growth ceases and vegetation recedes or even dies in artificial forest and
21 grass land.

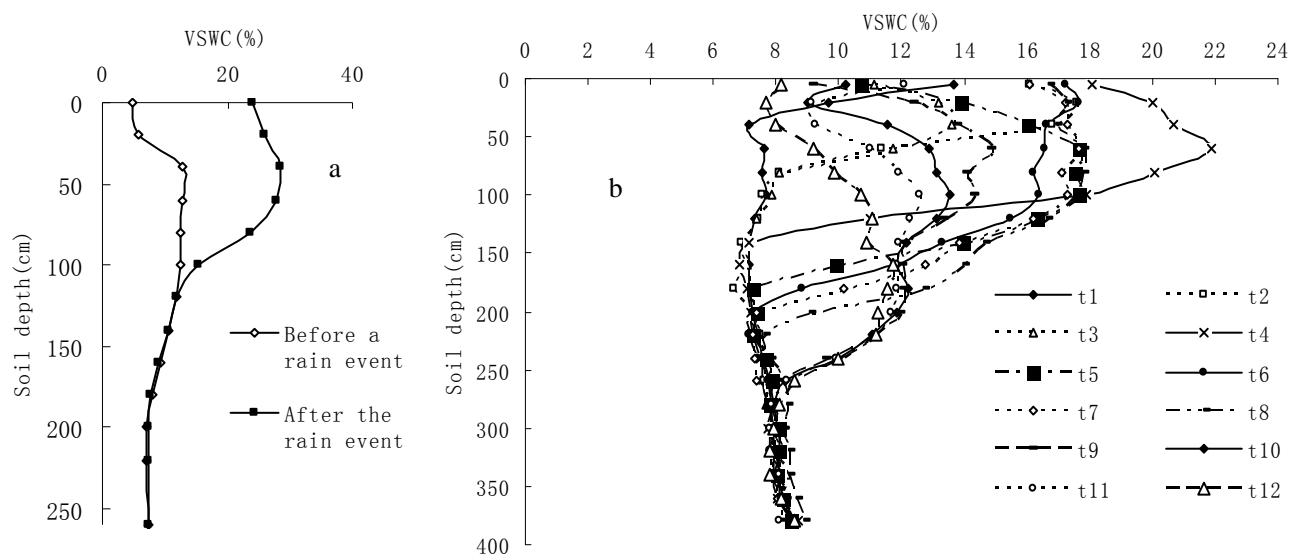
22 The RBPGSW is important for the prevention of further soil drying and soil degradation, and

1 the sustainable use of soil water resources and sustainable management of forest vegetation in
2 water-limited regions. In practice, regulating the RBPGSW is not required once soil drought
3 happens in forest and grass land. This is because soil drying is a natural phenomenon and often
4 occurs, and varying degrees of soil drying have different effects on plant growth especially at
5 different growth stages, and there may be some water, which can buffer the effect of drought
6 on plant growth in forest and grass land when soil desiccation occurs. In addition, in the Loess
7 Plateau, labour is lacking and the level of mechanization is low. Machinery available for
8 regulating the RBPGSM is inadequate for the huge areas of forest and grass land, often with
9 rough terrain unsuited to much machinery.

10 There are two important soil water deficit criteria: SWRULP and lethal soil water resources
11 (LSWR). The concept of SWRULP was first proposed by Guo in 2010 and is the limit of soil
12 water resources that plants can use¹⁸. SWRULP can be defined as the soil water storage in the
13 MID when all soil layers in the MID have become dry, meaning that the soil water content
14 equals the wilting coefficient and roots can no longer withdraw water within the MID. LSWR
15 is the soil water storage in the root zone when all soil layers within this zone have reached the
16 wilting coefficient – because plants can only use the part of soil water resources with soil water
17 potential above the wilting coefficient.

18 Infiltration depth is one of the most important indexes for estimating soil water deficit criteria.
19 The infiltration depth for one rain event can be determined by the two-curve method – the
20 infiltration depth equals the distance from the surface to the crossover point between the two
21 respective soil water distribution curves of soil water with soil depth before and after the rain
22 event (Fig. 1a). The MID will occur after a continuous heavy rainfall event and a long-term

1 cumulative infiltration process, and can be determined by a series of two-curve methods (Fig.
 2 1b). According to nearby weather data for 1983–2002 collected in the Shanghuang Ecological
 3 Experimental Station of the Chinese Academy of Sciences and our study data for 2002–2014,

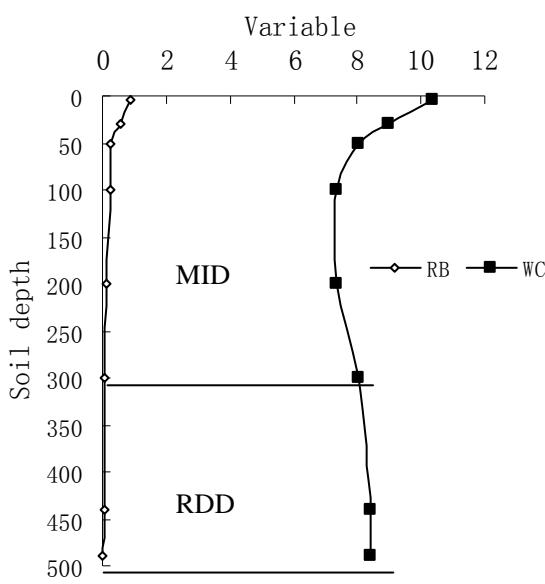


5 **Fig. 1. Two-curve method for estimating infiltration depth.** a, infiltration depth and soil water supply for
 6 one rain event. b, The maximal infiltration depth is estimated by a series of two-curve methods in the soil
 7 under Caragana shrubland in the semiarid loess hilly region of China. VSWC is Volumetric soil water
 8 content .

9 annual precipitation ranged from 284.3 mm in 1986 to 634.7 mm in 1984. For example, the
 10 MID was 290 cm, which happened on 1 August 2004 after some heavy rain in August 2003–
 11 55.0 mm on 1 August, 45.7 mm on 25 August and 56.4 mm on 26 August for Caragana shrub
 12 land in the semiarid loess hilly region of the Loess Plateau.

13 The root is the most important organ for terrestrial plants to access water, although stomata in
 14 leaves and stems can obtain some water when air humidity is high such as during rain. Thus,
 15 root vertical distribution is another important index for estimating soil water deficit criteria.
 16 The root distribution can be investigated using soil pits. For example, the majority of Caragana
 17 root biomass was distributed in the 0–200 cm soil layer even though roots extended to 5.0 m,

1 MID was 2.9 m, SWRULP was 222.8 mm and LSWR was 405.7 mm in 16-year-old Caragana
 2 shrub land of the semiarid loess hilly region (Fig. 2). The amount of water carried from the soil
 3 through plants to the atmosphere depends on weather, plant growth and soil water conditions.



11
 12 Fig. 2. The relationships among root distribution depth (RDD), wilting coefficient (WC), MID, SWRULP
 13 and LSWR in 16-year-old Caragana shrubland in the semiarid loess hilly region of China.

14 Consequently, plants cannot withdraw more soil water than what is available. If the soil water
 15 supply is smaller than soil water consumption then soil water resources will reduce and
 16 eventually reach the LSWR. When this occurs, if there is no timely soil water supply from rain,
 17 then plants will die because the plant-available soil water in the root zone is exhausted.

18 SWRULP is one of the most important criteria for plants to use soil water rationally and for
 19 soil water management in forest and grass land in water-limited regions. When the soil water
 20 resources in the MID equal the SWRULP, even if plants withdraw some water in soil layers
 21 deeper than the MID, the amount of root water uptake is small and will not meet the needs of
 22 plant transpiration. Therefore, this is the appropriate start time to regulate the RBPGSM. For
 23 example, the time to begin regulating the RBPGSW is the fifth year after sowing in the

1 Caragana shrub land¹⁷, because most roots are in the upper soil layers and there is little of the
2 fine root biomass in soil deeper than the MID. Soil water strongly influences plant growth and
3 at this time the water withdrawn by plants causes soft-leaved plants to wilt or leaves of
4 sclerophyllous plant to drop earlier. Also at this time, RBPGSW should be regulated by
5 reducing plant density according to the SWCCV without soil water supply from precipitation¹⁶
6 because plants have the ability to extract water from soil and overuse soil water when soil
7 water resources and soil water supply are low, which will cause severe desiccation of soil, soil
8 degradation and receding vegetation. The amount of regulation is the difference between plant
9 density and SWCCV, because SWCCV is the measurement of sustainable use of soil water
10 resources by plants. The amount of soil water deficit equals the difference in soil water supply
11 and soil water consumption during a period. When the existing plant density is less than or
12 equal to SWCCV, no soil water deficit occurs. When existing plant density exceeds the
13 SWCCV and the difference between soil water supply and soil water consumption is greater
14 than zero, then soil water deficit occurs and is exacerbated with time because soil water supply
15 is reduced (Fig. 3a) and soil water consumption increased (Fig. 3b) with increasing density in a
16 given period. This suggests that available soil water resources will not support the existing
17 plant population and the population should be reduced to increase soil water supply and reduce
18 soil water consumption. Simultaneously, this will relieve and eliminate the contradiction
19 between soil water supply and soil water consumption. The difference between existing plant
20 density and SWCCV indicates the amount of regulation required, which changes with time.

21 SWCCV

22 Resource constraints set a maximum size that a population can safely attain. The maximum

1 population is the carrying capacity, which is a key issue for sustainable development. The idea
 2 of carrying capacity has its origin in the doctrine of Thomas Robert Malthus, who considered
 3 that society had the ability to increase agricultural production only at an arithmetic rate but the
 4 number of people to be fed increased at a geometric rate. Therefore, to some degree, population
 5 was likely to exceed food supplies, with calamitous results¹⁹.

6 The term carrying capacity was first used by range managers²⁰ and U.S. Department of
 7 Agriculture researchers²¹. After Raymond Pearl and Lowell J. Reed proposed logistic equations
 8 in 1920, Eugene Odum (1953) equated the term carrying capacity with the constant K in
 9 logistic equations^{20, 21}, see equation 1:

$$10 \quad \frac{dN(t)}{dt} = rN(t) \frac{[K - N(t)]}{K} \quad t > 0 \quad (1)$$

11 Where N(t) is the population density at time t, r is the intrinsic growth rate, $r > 0$ and K is
 12 an asymptote (the carrying capacity) with $K > 0$.

13 The concept of SWCCV

14 Since the 1960s, soil drought has occurred during the process of vegetation restoration in
 15 most of the perennial grass and forest land in the water-limited region of the Loess Plateau in
 16 China. Severe soil drought causes soil degradation, vegetation decline and large-scale forest
 17 death, which reduces forest productivity and efficiency in controlling soil and water losses.
 18 Control of soil degradation and keeping large-scale artificial vegetation healthy and stable has
 19 become one of the most important issues in soil and water conservation and ecological
 20 civilization construction in these water-limited regions. Due to the clear difficulties in restoring
 21 forest and vegetation in these regions, the public and national leaders such as the General
 22 Secretary of the Communist Party of China and the Prime Minister have called for control of

1 this phenomenon to preserve stability of existing artificial vegetation. The need for better
2 understanding of soil water resources, promoting vegetation restoration, improving the
3 ecological environment and realizing sustainable use of soil water resources in water-limited
4 regions and sustainable development led to the concepts of vegetation carrying capacity, the
5 ability of land resources to support vegetation and SWCCV.

6 The term SWCCV was first proposed by Guo *et al.* in 2000¹⁶. SWCCV was preliminarily
7 defined as the highest density of the vegetation community when soil water consumption is
8 equal to soil water supply in the root-zone soil layers from which roots can take and utilize
9 water on an annual basis⁴.

10 Vegetation within a region or a country includes different plant communities that consist of
11 different plant species. In nature, no plant community is formed by a single plant species,
12 instead many plant species live together and form the community. Although any one species in
13 a plant community can express SWCCV in theory, the different plant species differ in their
14 positions and roles in the community. Constructive species for natural vegetation, and principal
15 or purpose species of trees or grasses are selected drought resistant plant species – principal
16 species are the main afforestation tree species and account for the majority of the trees planted
17 in a region, and purpose species of trees or grasses are those cultured or managed by people in
18 a region. Generally, principal species of trees or grasses are also purpose species in a region;
19 for example, Caragana is a principal as well as a purpose species of trees in the Loess Plateau.
20 Planting trees is a purposeful human activity; and Caragana is planted where vegetation is
21 sparse and soil erosion is serious. Such plant species are often exotic; sensitive to water deficits;
22 play the most important roles in preventing wind erosion, fixing sand and controlling soil and

water loss in plant communities; and become the goal of cultivation, management and regulation. Some examples in the Loess Plateau are Simon poplar (*Populus simonii* Carr.), black locust (*Robinia pseudoacacia* L.), Chinese pine (*Pinus tabuliformis* Carr.), Caragana and lucerne (*Medicago sativa* L.). In the process of vegetation restoration in water-limited regions, as the plants grow, roots deepen and soil water resources in the root zone are reduced despite some increases following rain events. In addition, carrying capacity is generally expressed as population quantity of a plant species. Thus, an indicator (plant) species is the representative of a plant community to express SWCCV – either a constructive species for natural vegetation, or a principal or purpose species for artificial vegetation. The SWCCV can be further and clearly defined as the maximum plant population quantity (absolute index) or plant density (relative index) of an indicator species in a plant community when soil water consumption is equal to soil water supply in the root-zone soil layers from which roots can take up water in one year. The value of SWCCV is a function of indicator species, connected with plant community type, time (expressed in forest age or planting age) and sites.

15 Choice of scale

The choice of scale is important for calculating SWCCV. When soil water resources exceed SWRULP, SWCCV should be calculated and then the RBPGSW regulated if plants overuse soil water and the population of indicator plants exceeds the SWCCV. In fact, different time-scales can be used to estimate SWCCV. SWCCV is meaningless on such short time-scales as a day or a month, and two years or more is too long to find and immediately resolve issues, especially those that quickly influence the stability and security of the plant ecosystem during the process of vegetation restoration in regions such as the Loess Plateau where climate change

1 is rapid and with large amplitude. A year is an appropriate time-scale to estimate soil water
2 supply, soil water consumption and then determine SWCCV, and then judge whether
3 population quantity or plant density exceeds SWCCV – if it does, then the number of trees or
4 indicator plants that should be cut for regulation purposes needs to be determined.

5 The traditional forest survey cycle, such as 10–20 years in the USA or 4–5 years in China, is
6 too long because of extensive or poor management of forest resources, the limits of capital,
7 technology and traffic and the timber producing cycle being too long. With the increase of
8 forest management level and economic and social development, an Annual Forest Inventory
9 (AFI) has been instituted in some advanced countries, such as the USA, Austria, Finland,
10 France and Sweden and also in some provinces in China. Because the traditional forest survey
11 cycle is too long and cannot supply timely and dynamic forest resources data for making good
12 decisions – such as concerning national economic and social development plans and
13 sustainable development strategies – China will soon transfer from a forest inventory every 4–5
14 years to AFI.

15 Different space-scales can also be used to estimate soil water supply, such as 1 or 10 km².
16 However, a crustal block or slope is a suitable space scale to compute SWCCV, depending on
17 the degree of terrain fragmentation, because there are changes in such environmental factors as
18 radiation, precipitation, wind and temperature with increasing space scale. If the space scale is
19 too large, the environmental factors and the community type will change and so influence
20 SWCCV.

21 **Methods of evaluating SWCCV**

22 It is important to develop methods to evaluate SWCCV. There are equations to estimate

1 SWCCV, such as classic carrying capacity models²², general models of population growth²⁰
 2 and physically-based process models²³; however, soil water–plant density models²⁴ are best.

3 **Classic SWCCV model** Classic carrying capacity models were proposed by German
 4 geographer Albrecht Penck. In 1925, he stated a simple formula that has been widely used²².
 5 According to classic carrying capacity models, the classic SWCCV model is presented in the
 6 following form:

$$7 \quad \text{SWCCV} = \frac{C}{D} \quad (2)$$

8 Where, C is soil water resources and D is individual water requirement. Ma *et al.* estimated
 9 SWCCV for eight tree species using this formula in a dry and warm valley of Yunnan, China²⁵.
 10 Because there is no universally accepted definition of individual plant water requirements, this
 11 affects application of the equation in computing SWCCV. The minimum water consumption
 12 that an individual plant consumes water over a year when growing in a normal and healthy way
 13 should be used as the individual water requirement – because water consumption of an
 14 individual plant over a year changes with weather, plant growth and soil water conditions. If
 15 the minimum water consumption is used as the individual plant water requirement, which is
 16 suitable for saving water and precise soil water management in forest and grass land even the
 17 individual water requirement index, that is, the minimum water consumption is too high.

18 **General population growth model** This model was proposed in 1920 by Raymond Pearl and
 19 Lowell J. Reed, who reasoned that there must be an absolute limit beyond which further
 20 population growth would be impossible:

$$21 \quad N(t) = \frac{K}{1 + e^{(a - rt)}} \quad (3)$$

22 Where N(t), K and r are the same as equation 2; and parameters a and e are constants.

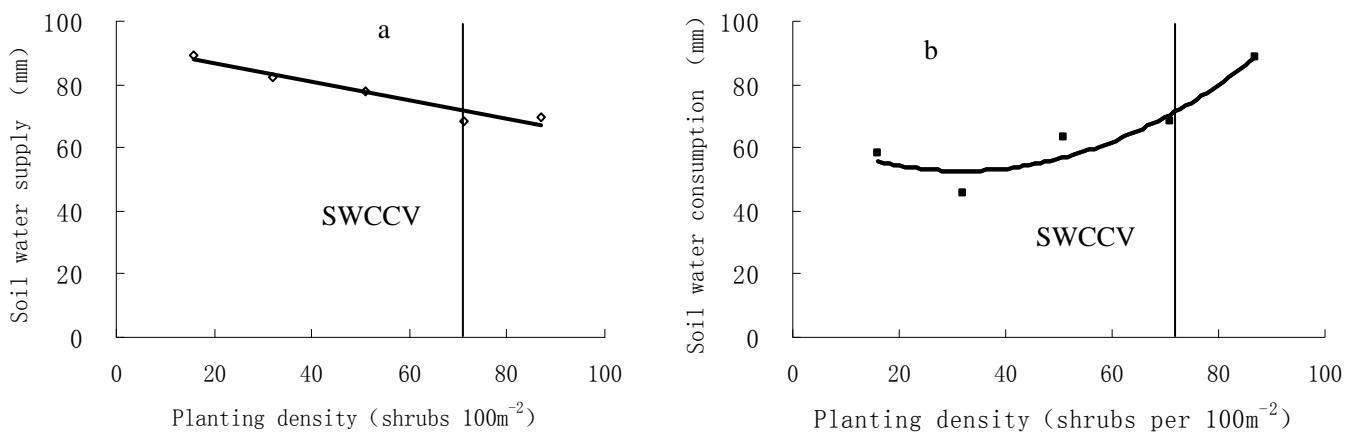
1 Given a population at different times, and at least three sets of populations and relative time
2 data, then the carrying capacity can be obtained using equation 3. Because the equation has no
3 soil water resources term, it is difficult to obtain the SWCCV and the equation requires some
4 improvement.

5 **Soil water–plant density model** A set of different population quantities (or densities) of
6 indicator plants, $E_1, E_2, E_3 \dots, E_n$ can be established. These should have the same site
7 conditions and the same plot areas (e.g. 5 m × 20 m plots for Caragana in the Loess Plateau),
8 so radiation, temperature, annual precipitation and its distribution in a year, slope, slope aspect,
9 slope position and soil type would be almost the same. However, they would have differing
10 population quantity or density and so different effects on soil water supply and soil water
11 consumption. The precipitation, throughfall, runoff, plant growth, deep seepage and soil water
12 changes with soil depth and time in the root zone are measurable variables, thus the soil water
13 supply and soil water consumption for the different population quantities or densities on an
14 annual basis can be measured, collected and statistically analysed. Soil water supply reduces
15 with increased planting density (Fig. 3a); and the relationship between soil water consumption
16 and population quantity or density can be described by a parabolic equation (Fig. 3b). The
17 quantitative relationship between soil water supply or soil water consumption and population
18 quantity can be established using a least squares method. Generally, the soil water and plant
19 density model can be expressed in the following form (Fig. 2):

20 $F_1 = a + bE$ (4)

21 $F_2 = cE^2 + dE + e$ (5)

1 Where F_1 is soil water supply, E is population quantity (or plant density), F_2 is soil water
 2 consumption and parameters a–e are constants²⁴. SWCCV can be determined by combining
 3 and solving simultaneous equations 4 and 5, with the positive solution being SWCCV. During
 4 2002 to the present, we studied Caragana shrub land planted by sowing in fish-scale pits on
 5 slopes in the semiarid Loess Plateau. For example in 2002 in 16-year-old Caragana shrub
 6 land¹⁷, $F_1 = 92.494 - 0.2913E$ (see Fig. 3a), $F_2 = 0.0118E^2 - 0.7575E + 64.759$ (see Fig. 3b)
 7 and SWCCV is 72 bushes per 100 m^2 or 7200 bushes per ha. Stem number, S, changes with
 8 plant density E, and the S and E relationship is: $S = 42.88E - 62783$, with $R^2 = 0.9632$.



9 **Fig. 3. Changes in soil water supply and soil water consumption with planting density and SWCCV in**
 10 **Caragana shrubland of the semiarid loess hilly region, China. a, The change in soil water supply with**
 11 **planting density and SWCCV; b, The change in Soil water consumption with planting density and**
 12 **SWCCV.**

13 **Physically-based process model** Xia and Shao proposed a process model²³. They determined
 14 SWCCV according to the number of days that soil water content equalled the wilting point was
 15 less than the maximum number of days that a plant was able to suffer. This equation has many
 16 parameters and calibrating every parameter leads to error. Additionally, sclerophyllous plants
 17 such as Caragana adapt to severe dry conditions through change of leaf colour and early leaf
 18 fall. The SWCCV estimated by this method does not ensure that the soil water supply equals

1 soil water consumption in a year when plant density equals SWCCV, and thus this model needs
2 to be improved.

3 Currently, the soil water and plant density model is the best model to estimate SWCCV. Once a
4 set of density experimental plots is established, SWCCV can be estimated at different tree ages.
5 The parameters a–e change according to time and site.

6 **The basic law of SWCCV**

7 The value of SWCCV changes with year because trees grow, and the forest canopy, annual
8 precipitation, soil water supply and soil water consumption at different population quantities or
9 densities change on an annual basis. In 2002, the relationships between soil water supply and E,
10 and soil water consumption and E, are shown in Fig. 3a and b, respectively. Combining and
11 solving the simultaneous equations, the value of SWCCV for 16-year-old Caragana was 7200
12 bushs per ha because Caragana was clustered in fish-scale pits. The annual precipitation of
13 623.3 mm in 2003 was close to the record maximum, and was considered as a 19-year event.
14 Caragana is a deciduous species and soil water storage at the end of the growing season
15 exceeded that at the beginning for a plant density of 8700 bushes per ha (i.e. the maximal
16 density of the 17-year-old experimental Caragana shrub land), thus the soil water supply
17 exceeded soil water consumption in the root zone at that time. Because there were no Caragana
18 deaths in the plot, this suggested that the SWCCV was 8700 bushes per ha in this case. The
19 value of SWCCV for 18-year-old Caragana was less than 1600 bushes per ha (because this was
20 the minimal experimental density for this shrub land) in 2004 because the annual precipitation
21 of 328.3 mm in 2004 was low, and soil water supply was less than soil water consumption in
22 the root zone and there was no recorded Caragana death in the plot.

1 In Caragana shrub land planted in 2002 by broadcast sowing, the SWCCV for 10-year-old
2 Caragana was 480 000 stems per ha in 2011; in 2012, this was 420 000 stems per ha for
3 11-year-old Caragana; and, in 2013, 420 000 stems per ha for 12-year-old Caragana. Thus, the
4 RBSWPG for 10–12-year-old Caragana did not require regulation because the soil water
5 resources in the year could support the maximum experimental density, suggesting that value
6 of the SWCCV changed with time (year) at the same site¹⁷.

7 The value of SWCCV varies with indicator species or vegetation types at the same place
8 during the same period because the water requirement and size of individual plants differ for
9 different indicator species under the same conditions. This point is supported by the study
10 results of eight indicator trees species using the classic carrying capacity calculation formula
11 (equation 2) in a dry and warm valley of Yunnan, China. The value of SWCCV differed across
12 these species²⁵.

13 The value of SWCCV changes with location or site because soil water resources mainly come
14 from and are closely related to precipitation^{26,27}, and the annual precipitation, suitable plant
15 species and the requirements of economic and social development for forest and vegetation
16 restoration differ with location. The soil water supply and evapotranspiration in forest land
17 differ with vegetation type within the same period, so the soil water resources vary with
18 location in water-limited regions. This is supported by four reports from China: in the Inner
19 Mongolia Autonomous Region²⁸, in Shenmu county of Shanxi²⁴, in the Donggou Valley of
20 Mizi²⁹ and in Diedie Gully Valley in the Ningxia Hui Autonomous Region³⁰.

21 **Use of SWCCV in practice**

22 1. Fundamentals required for determining the amount of trees to be cut

1 The soil water resources in Caragana shrub land are reduced with increased planting density
2 and time (forest age) under rain-fed conditions, except during wet years, because soil water
3 supply is reduced with increased planting density (Fig. 3a) but soil water consumption
4 increases with planting density and time³¹ (Fig. 3b). When the density of the indicator species,
5 Caragana, exceeds its SWCCV value, soil water content under the shrub land is reduced and
6 threatens the health and stability of the shrub vegetation ecosystem. When the soil water
7 resources drop to the SWRULP, soil water seriously impedes plant growth³². Thus, the
8 RBPGSW needs to be regulated using SWCCV in water-limited regions. The time to start
9 regulating the RBPGSW is at the fifth year for Caragana in the semiarid Loess Plateau³³.

10 If the population quantity or density of an indicator or purpose species of tree in a plantation
11 exceeds the SWCCV value, the higher ecological, economic and social benefits and
12 productivity in the plant community will be obtained at the expense of the environment (more
13 serious soil drying, soil degradation and vegetation decline). Even if a soil water deficit in the
14 plant community or forest vegetation does not immediately destroy the ecosystem, this
15 situation will not well sustain the vegetation. If density of the indicator species is less than the
16 SWCCV value, the plant community does not make the most of natural resources. Thus, the
17 present productivity, ecological, economic and social benefits of the plant community does not
18 reflect the maximum services and benefits the rain-fed ecosystem function can provide and
19 wastes the soil water resources.

20 SWCCV is the foundation to determine the amount of regulation needed. The cover degree is
21 an important index to express the function of vegetation in reducing raindrop dynamic energy
22 and wind velocity near the ground and conserving soil and water. The degree of cover (Fig. 4a)

1 and productivity (Fig. 4b) in Caragana shrub land increases with planting density. Because the
2 main erosive force is runoff in the Loess Plateau, when Caragana density exceeds the SWCCV
3 value there is higher cover degree (Fig. 4a) and canopy interception (Fig. 5a), as well as lower
4 runoff (Fig. 5b) and then lower soil loss (Fig. 5c). However, this is at the expense of the soil
5 water environment because soil water consumption exceeds water supply from rainfall when
6 planting density is more than SWCCV, which is not good for sustainable use of soil water
7 resources and sustainable management of forest land. Keeping the planting density of Caragana
8 at the level of SWCCV is required to balance soil water supply from rain and the plants' water
9 requirements and make the most of soil water resources. In many cases, sustainable
10 management of forest must be applied when the density of the indicator species in a plant
11 community equals SWCCV in order to avoid soil degradation and vegetation recession. The
12 amount of trees that should be cut when regulating equals the existing density minus the
13 SWCCV.

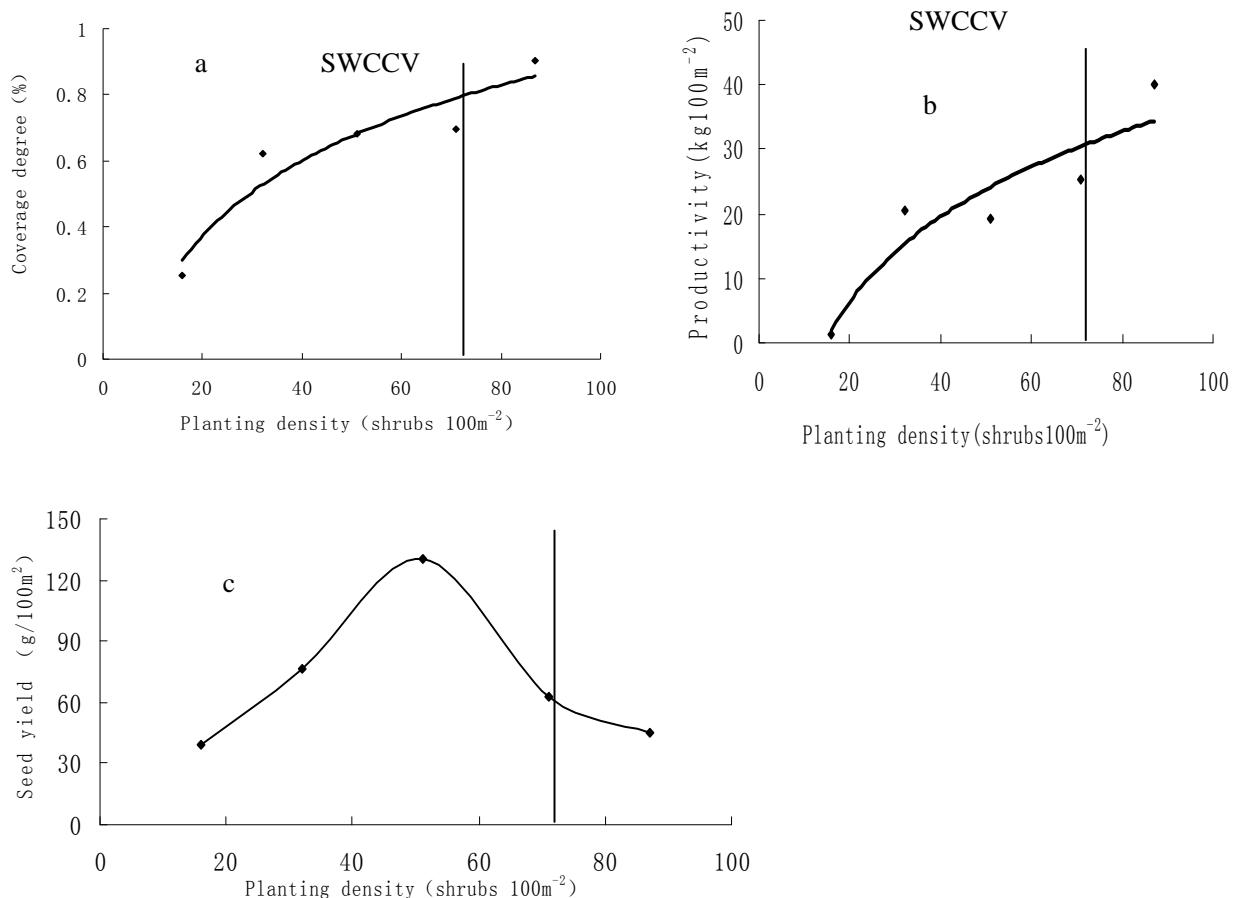
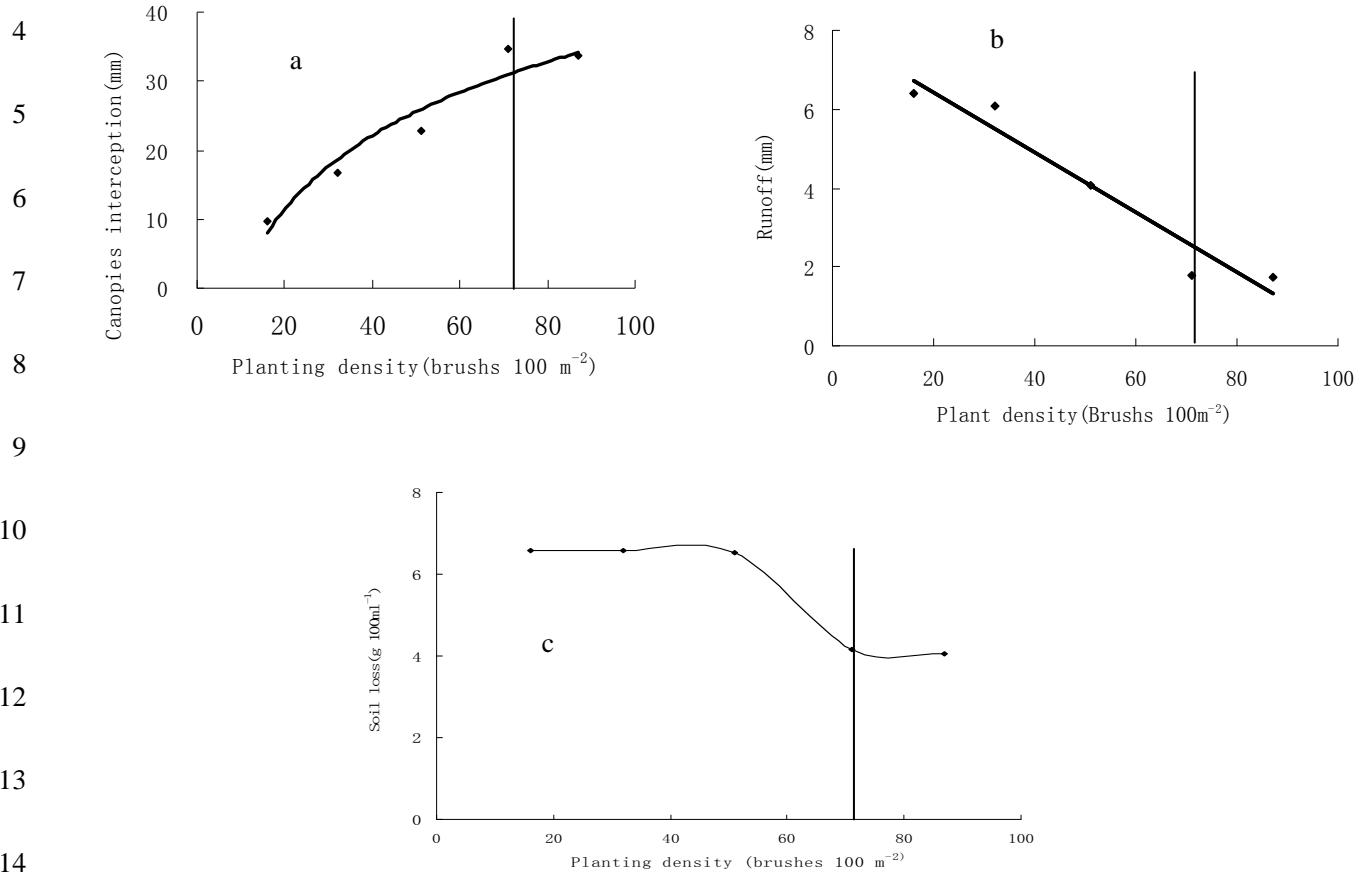


Fig. 4. Changes in coverage degree, pruductivity and seed yield with planting density and SWCCV in **Caragana shrubland** of the semiarid loess hilly region, China. a, The change in coverage degree with planting density and SWCCV. b, The change in Pruductivity with planting density and SWCCV. c, The change in seed yield with planting density and SWCCV.

- 2 2. Theoretical basis to determine criteria and indicators for sustainable forest management
- 3 Since the beginning of the 1990s, an enhanced understanding of sustainable forest management
- 4 (SFM) has entered forest policy worldwide, with the concept of criteria and indicators (C&I) as
- 5 one cornerstone for implementation³⁴. Over the previous decade, SFM has become a highly
- 6 relevant topic in both forest and environmental policy³⁵. Although much effort in SFM has
- 7 focused on defining C&I for measuring sustainability³⁶, there is no universally acknowledged
- 8 method for its determination³⁴⁻³⁶.

1 SWCCV is the foundation to determine the C&I for SFM. When the density of indicator
 2 species in a plant community equals the SWCCV value, the plant community makes the most
 3 of the soil water resources, and conditions of the community such as the appearance, crown



15 **Fig. 5. Changes in canopy interception, runoff soil loss with planting density and SWCCV in the**
 16 **Caragana shrubland in the semiarid loess hilly region of China. a, The change in canopy interception**
 17 **with planting density and SWCCV; b, The change in runoff with planting density and SWCCV; c, The**
 18 **change in soil loss with planting density and SWCCV.**

19 coverage, productivity, constituents and carbon-fixing capacity should be indexes or the
 20 theoretical basis to determine C&I for sustainable management of the vegetation. The cover
 21 degree, biodiversity, productivity, biomass and its components and carbon-fixing capacity
 22 when the density of indicator species in the plant community equals the SWCCV value and the
 23 requirement of stakeholders should be combined to determine C&I for SFM. This will enable
 24 maintaining and enhancing forest resources and their contribution to global carbon cycles,

1 forest ecosystem health and vitality, productive functions of forests (wood and non-wood) and
2 biological diversity in forest ecosystems because SFM depends not only on natural resources'
3 carrying capacity but also the support and input of a wide range of stakeholders³⁵⁻³⁷. For
4 example, in the Loess Plateau, the value of SWCCV for 16-year-old Caragana is 7200 bushes
5 per ha. When Caragana density is equal to the carrying capacity (i.e. 7200 bushes per ha), the
6 cover degree (the ratio of the total area of Caragana canopies to experimental plot area or land
7 area) of the 16-year-old Caragana is 80% (Fig. 4a), which should be the suitable vegetation
8 restoration limit. At this point, the biomass production is 1400 kg (dry weight) per ha per year
9 (Fig. 4b), which should be the appropriate productivity, and the carbon content in the 1400 kg
10 of biomass is the carbon-fixation capacity of Caragana. The seed yield of forest is smaller
11 when the planting density equals SWCCV (Fig. 4c). Thus, SWCCV is the foundation to
12 determine the C&I for sustainable Caragana shrub land management in the semiarid Loess
13 Plateau.

14 Conclusion

15 Rapid global economic development and increase in population in the past century has led to
16 unprecedented consumption of natural resources to satisfy the growing demands for food, fibre,
17 energy and water in water-limited regions. These natural assets were perceived for many
18 decades as free and limitless. Nowadays, with scientific, technological and economic
19 development, increasing public awareness of the value of soil, water and forest resources and
20 the growing need for environment quality has gradually led governments to adapt their policies
21 and strategies to match sustainability goals. This has meant dealing with the overuse of soil
22 and water resources, soil degradation and vegetation decline in the process of soil and water

1 conservation and vegetation restoration in water-limited regions. Sustainable use of natural
2 resources and keeping the environment sustainable in water-limited regions is the basis for
3 sustainable development of social economy and human consensus because the area of
4 water-limited regions accounts for the most of global land and supports a numerous and ever
5 growing population.

6 Carrying capacity is the measure of sustainable use of natural resources by living creatures and
7 the core issue of sustainable development in regions where natural resources are lacking.

8 SWCCV is the core issue for forest and vegetation restoration, sustainable use of soil water
9 resources, SFM and restoration of a harmonious relationship between humans and nature (i.e.
10 ecological civilization construction) in water-limited regions such as the Loess Plateau. We
11 should plant trees and sustainable management of protection forests in soil and water loss
12 regions to conserve soil and water and improve the environment by sustainable use of soil
13 water resources. In water-limited regions, soil water resources are reduced with growth of
14 forest even with sudden increases of soil water resources after rain events. When the soil water
15 resources equal the SWRULP, soil water severely constrains plant growth. When this occurs,
16 SWCCV should be estimated – on which the RBPGSW can be regulated. SWCCV is the
17 ability of soil water resources to support vegetation and can be defined as the maximum plant
18 population quantity (absolute index) or plant density (relative index) of indicator (plant)
19 species in a plant community when soil water consumption is equal to soil water supply in the
20 root zone on an annual basis in a water-limited region. The value of the SWCCV is a function
21 of plant community (indicated by indicator species), time (expressed in years) and location.
22 When the density of indicator species in a plant community equals the SWCCV value, the

1 conditions of the community such as the appearance, crown coverage, productivity and its
2 constituents and carbon-fixing capacity should be indexes or the theoretical basis to determine
3 C&I for sustainable management of forest and vegetation. The SWRULP and SWCCV provide
4 a scientific basis for regulating the RBSWPG, sustainable use of soil water resources in the
5 process of vegetation restoration and determining C&I for SFM in water-limited regions.

6 **Acknowledgements**

7 This study was supported by the National Science Fund of China (Project Nos 41071193 and
8 41271539) and the Major State Basic Research Development Projects of China (Project No.
9 G2000018605). The authors thank the two anonymous reviewers for their helpful suggestions
10 and comments that helped improve the quality of the manuscript.

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